

## Mount Gambier Calisthenics Eisteddfod – Backstage Incorporated

**NOTE: Country and Metropolitan Solo Section Numbers May Alter  
Depending on Withdrawals**



### **Thursday 18<sup>th</sup> July 2024 – Sir Robert Helpmann Theatre**

10.30am	Intermediate Scholarship Workshop and Senior Scholarship Workshop	17 3
12 noon	Lunch Break	
12.45pm	Sub Junior Scholarship Workshop and Junior Scholarship Workshop	15 19
2.15pm	Afternoon Tea Break	
2.45pm	14 Years Calisthenics Solo Country & Metropolitan 15 Years Calisthenics Solo Country 16 Years Calisthenics Solo Country & Metropolitan	14 5 8
	14 Years Calisthenics Graceful Country 14 Years Calisthenics Graceful Metropolitan 15 Years Calisthenics Graceful Country & Metropolitan 16 Years Calisthenics Graceful Country & Metropolitan	11 5 5 7
7.30pm	Approximate Finish Time	

### **Friday 19<sup>th</sup> July 2024 – Sir Robert Helpmann Theatre**

8.30am	8 Years Calisthenics Solo Country & Metropolitan 9 Years Calisthenics Solo Country & Metropolitan 10 Years Calisthenics Solo Country & Metropolitan 13 Years Calisthenics Solo Country & Metropolitan	9 10 9 13
	Morning Tea Break	
11.15am	8 Years Calisthenics Graceful Country & Metropolitan 9 Years Calisthenics Graceful Country & Metropolitan 10 Years Calisthenics Graceful Country & Metropolitan 13 Years Calisthenics Graceful Country & Metropolitan	2 3 6 12
12.45pm	Lunch Break	
1.30pm	Intermediate Team Figure March Intermediate Team Club Swinging Intermediate Team Rods	7 7 7
	Afternoon Tea Break/Warm Up Break	

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	Intermediate Team Free Exercises	7
	Intermediate Team Rhythmic Aesthetics	7
	Intermediate Team Dance Arrangement	7
	Aggregate Presentation	
5.15pm	17 Years Calisthenics Solo Country & Metropolitan	11
	18 Years & Over Calisthenics Solo Country	10
	18 Years & Over Calisthenics Solo Metropolitan	5
	17 Years Calisthenics Graceful Solo Country	6
	17 Years Calisthenics Graceful Solo Metropolitan	4
	18 Years & Over Calisthenics Graceful Solo Country	17
	18 Years & Over Calisthenics Graceful Solo Metropolitan	9
10.00pm	Approximate Finish Time	

### **Saturday 20<sup>th</sup> July 2024 – Sir Robert Helpmann Theatre**

8.30am	Tinies Solo Display	1
	Sub Junior Team Figure March	8
	Sub Junior Team Club Swinging	10
	Tinies Rods Display	2
	Sub Junior Team Rods Exercise	10
	Morning Tea/Warm Up Break	
	Tinies Free Exercises Display	2
	Sub Junior Team Free Exercises	10
	Tinies Aesthetics Display	2
	Sub Junior Team Aesthetics	9
	Tinies Character/Folk Dance Display	2
	Sub Junior Team Song & Dance	7
	Aggregate Presentation	
1.00pm	Lunch Break	
1.45pm	Sub Junior Calisthenics Duo	3
	Masters Calisthenics Duo	2
	Senior Calisthenics Duo	9
	Junior Calisthenics Duo	2
	Intermediate Calisthenics Duo	6
	Afternoon Tea Break	
4.00pm	Masters Calisthenics Solo Country & Metropolitan	4
	Masters Calisthenics Graceful Solo Country	6
	Masters Calisthenics Graceful Solo Metropolitan	7

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5.30pm	Senior Team Figure March	4
	Senior Team Club Swinging	4
	Senior Team Rods	4
	Tea Break	
	Senior Team Free Exercises	4
	Senior Team Rhythmic Aesthetics	4
	Senior Team Dance Arrangement	4
	Aggregate Presentation	
8.30pm	Approximate Finish Time	

### **Sunday 21<sup>st</sup> July 2024 – Sir Robert Helpmann Theatre**

8.30am	11 Years Calisthenics Solo Country	7
	11 Years Calisthenics Solo Metropolitan	5
	12 Years Calisthenics Solo Country	14
	12 Years Calisthenics Solo Metropolitan	3
	Morning Tea Break	
	11 Years Calisthenics Graceful Solo Country	6
	11 Years Calisthenics Graceful Solo Metropolitan	4
	12 Years Calisthenics Graceful Solo Country	15
	12 Years Calisthenics Graceful Solo Metropolitan	4
12.45pm	Lunch Break	
1.30pm	Junior Team Figure March	8
	Junior Team Club Swinging	9
	Junior Team Rods Exercises	9
	Afternoon Tea/Warm Up Break	
	Junior Team Free Exercises	8
	Junior Team Aesthetics	8
	Junior Team Song & Dance	1
	Junior Team Calisthenics Revue	8
	Aggregate Presentation	
	Overall Club Presentation	
6.00pm	Approximate Finish Time	

**Looking forward to seeing everyone soon!**