

# 2022 TEAM RULES



The contents of these rules must be read in conjunction with the ACF National Rules and Regulations.

## TABLE OF CONTENTS

<b>SECTION 1: CONDITIONS OF ENTRY</b> .....	<b>3</b>
1.1 ELIGIBILITY .....	3
1.2 COMPETITORS ( <i>Victorian Flexible Rule</i> ).....	3
1.3 AGE GROUPS ( <i>Victorian Flexible Rule</i> ).....	3
1.4 ENTRIES & WITHDRAWALS .....	3
1.5 ENTRY FEES & OTHER COMPETITION RELATED CHARGES.....	4
1.6 NUMBER OF COMPETITIONS .....	4
1.7 MINIMUM NUMBER OF COMPETITORS ( <i>Victorian Flexible Rule</i> ) .....	4
1.8 GRADING .....	5
1.9 NON-APPEARANCE .....	5
<b>SECTION 2: COMPETITION RULES</b> .....	<b>6</b>
2.1 ADMISSION PRICES .....	6
2.2 COACHES & BACKSTAGE DRESSERS/ HELPERS .....	6
2.3 COMBINED GRADES AT COMPETITIONS.....	6
2.4 EXEMPTIONS.....	6
2.5 PREGNANCY .....	7
2.6 COMPETITION ARRIVAL/DEPARTURE .....	7
2.7 PROPERTY DAMAGE .....	7
2.8 RISK MANAGEMENT AND OH&S .....	7
2.9 MALES IN DRESSING ROOMS.....	7
2.10 MIMIMAL RULES .....	8
2.11 LIGHTING ( <i>Victorian Flexible Rule</i> ).....	8
2.12 MID CURTAIN.....	8
2.13 FRONT CURTAIN – AESTHETICS/RHYTH. AESTH. ( <i>Victorian Flexible Rule</i> ) .....	8
2.14 RECOGNITION OF SECOND/SUBSEQUENT TEAMS .....	8
2.15 RESULTS .....	8
2.16 AGGREGATE ( <i>Victorian Flexible Rule</i> ) .....	8
2.17 RIGHT OF REVIEW .....	9
2.18 TIME LIMITS .....	9
<b>SECTION 3: SUITE OF ITEMS 2022</b> .....	<b>9</b>

# SECTION 1: CONDITIONS OF ENTRY

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## 1.1 ELIGIBILITY

For Clubs to be eligible to compete in any Calisthenics Victoria Affiliated Competition: -

- a) All competitors must be fully registered with Calisthenics Victoria or their respective State Association and must be a minimum of 3 years of age as of December 31st 2022.
- b) All Coaches must be correctly registered as an ASC Level One/Two Coach through their State Body.
- c) Clubs must have a current Calisthenics Victoria grading

## 1.2 COMPETITORS (*Victorian Flexible Rule*)

- a) Competitors can only compete once in each item in their appropriate age group
- b) A competitor or team cannot compete in two age sections in in the same item except Song & Dance, Calisthenic Revue, Dance Arrangement, where a maximum of 6 competitors will be able to work up into an older age group on the proviso that the Intermediates working up to Seniors meet the Senior age requirement of 16 years.

*Sanction for both a) and b) - No aggregate points will be awarded (or will be retracted) and no prize money will be awarded & the coach listed on competition entry will be deregistered for 12 months.*

- c) Competitors can only compete with one registered club per competition season unless transfer is approved by Calisthenics Victoria.

*Sanction - competitor will be deregistered for 12 months and the 'new club' will be fined \$500.*

## 1.3 AGE GROUPS (*Victorian Flexible Rule*)

- a) Age groups in Victoria are as follows (as of 31<sup>st</sup> December 2022):

Tinies - 7 years and under

Sub-Junior - 10 years and under

Juniors - 13 years and under

Intermediates - 17 years and under

Seniors - 16 years and over (no maximum)

Masters - 26 years and over (no maximum)

- b) A performer who is 15 years of age at 31st December, will be permitted to appear in the Senior section provided:
  - i) Written permission is obtained from Calisthenics Victoria
  - ii) The performer does not appear in a same item in the Intermediate section
  - iii) There is no provision for such performer to work in the Intermediate section
  - iv) That such upgrading does not jeopardise the Intermediate section of the Club.
- c) Country Clubs for Country Competitions – Permission may be given for 14 year old performers to compete as Seniors if Clubs do not have enough Intermediates to form a competitive team.

## 1.4 ENTRIES & WITHDRAWALS

- a) All entries must be received by the closing date specified on the CaliVic website
- b) Section late entries will be accepted as follows:

- i) up to 1 week after the closing date – *penalty administration fee = \$25 per age section*
- ii) up until schedule release date – *penalty administration fee = \$50 per age section*
- c) Additional team entries (2nd and subsequent teams) will be accepted as follows:
  - i) one month after closing date – no penalty administration fee
  - ii) after schedules have been released – *penalty administration fee = \$50 per section*
- d) All adjustments are subject to the availability of time, program, and venue space and Calisthenics Victoria reserves the right to deny late entry with this decision being final.
- e) If a Club withdraws from a section, refunds will be applicable prior to the release of the Competition Schedule. Refunds after competition schedule is released will only be available under extenuating circumstances (ie. team or large part of team isolating as part of close contact isolation, illness across large part of team). Applications for refund under extenuating circumstances will need to be made via online form with supporting documentation provided. Calisthenics Victoria reserves the right to determine extenuating circumstances.
- f) A club can withdraw an item at anytime. No refunds will be given for item withdrawal.

### 1.5 ENTRY FEES & OTHER COMPETITION RELATED CHARGES

- a) Clubs are required to pay their entry fees as per the number of performers registered on 31st March 2022 as invoiced by competition. No adjustments to invoices may be made unless by agreement with competition.
- b) \$6 per performer per item with base rate of \$36.00 for a team (6 competitors)
- c) Any reconciliation of performers competing will be invoiced by competition and must be paid within 14 days of receipt of invoice.
- d) If more performers are registered with Calisthenics Victoria than appear at competitions, the club may apply for a refund of amounts over \$36.00 per competition through Calisthenics Victoria. Refunds will be at the discretion of the Competition Convenor (i.e. not applicable for absences on day)
- e) Local Competition Entry Fees are payable by 30th June 2022 and may be paid in instalments by arrangement with competition. Final instalment must be paid by 30<sup>th</sup> June 2022 State Championship Entry Fees are payable by 1<sup>st</sup> August 2022 and may be paid in instalments by arrangement with final instalment payable by 1<sup>st</sup> August 2022.  
*Sanction - \$200 fine per club and prize money will not be paid.*

### 1.6 NUMBER OF COMPETITIONS

- a) Maximum number of Calisthenics Victoria Affiliated Team Competitions a Club may enter per age group per year is 4.

### 1.7 MINIMUM NUMBER OF COMPETITORS (*Victorian Flexible Rule*)

- a) Clubs with multiple teams in one age section**
  - i. The lowest team is permitted to perform with a minimum of 5 performers without a penalty applied
  - ii. Each higher team must have a minimum of 8 performers
- b) Clubs with only one team per age section**
  - i. Teams must have a minimum of 5 performers to compete without penalty
- c) Teams with 8 or more performers must maintain a minimum number of 8 throughout the item

- d) Teams with fewer than 8 performers (ie: 5, 6 or 7) must maintain that number of performers through the item
- e) Teams will be penalised points if a performer leaves the stage part way through an item leading to less than that team's minimum number on stage (ie: 7 performers begin and team goes down to 6 performers mid-way through, or 8 performers begin and team goes down to 7 performers)

*Penalty = -5 point penalty applied*

NB: 20 second rule still applies – the team's minimum number must be on stage at 20 seconds and maintained throughout the item.

## 1.8 GRADING

- a) If a Club has two separate sections for the same age group in either Tinies, Sub Juniors or Masters only, they may apply for separate gradings.
- b) Each team must have a different name and train on separate day/night.
- c) Team members are not interchangeable between the two groups.

## 1.9 NON-APPEARANCE

- a) Clubs must notify Competition Convenor of non-appearance of an age section at least 24 hours in advance

*Sanction - \$100 fine. Non-payment = automatic exclusion of the team from any competition for the following 12 months. Calisthenics Victoria reserves the right to remove penalty should extenuating circumstances exist.*

## SECTION 2: COMPETITION RULES

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### 2.1 ADMISSION PRICES

- a) Admission prices are set by each Competition according to venue costs
- b) Companion Card Holders are entitled to concession priced entry and the carers they are with receives complementary admission. The carer must be with the person requiring care at the time of purchase. Companion Card tickets can only be purchased at the ticket box.
- c) Carer's Cards are not accepted at competitions
- d) Pensioner Concessions are applicable to holders of Australian Government Pensioner Concession Cards (Aged, Disability, Veterans Affairs etc.). Health Care Cards and Seniors Cards are not valid for concession prices at Calisthenic event.
- e) The Calisthenics Victoria age for children's tickets is 16 years & under. Children under 3 years old are not required to purchase a ticket.

### 2.2 COACHES & BACKSTAGE DRESSERS/ HELPERS

- a) The registered and listed Level 1 Coach and Assistants will be given a coach pass which give access to backstage and audience.
- b) Larger sections will be given additional backstage/audience passes should venue capacity allow.
- c) Each competing club will be given 4 backstage only passes (dependent on venue restrictions at the time) – these may be distributed by the club as they wish.
- d) Male assistants/coaches shall be given access to side stage only. The competing club must notify the competition convenor at time of entry to allow notification to be given to other teams entering. Access to side stage must not be via dressing rooms.
- e) Each dresser/backstage helper must have a valid WWCC/VIT

### 2.3 COMBINED GRADES AT COMPETITIONS

- a) Up to two divisions maximum can be combined.
- b) Where a competition is combined the lower division will have 1 point added to their total by the adjudicator (Tinies-Masters)
- c) Where items differ between divisions no combined competition is possible.

#### **ADDITIONAL COUNTRY RULE**

- d) Where multiple divisions are combined at a competition the team in the lowest grading will receive a handicap point. ie Division 8 & 9 teams combined, the items of the Division 9 teams will be given 1 point to their total by the adjudicator. Permission must be sought from Calisthenics Victoria to combine more than 3 divisions.

### 2.4 EXEMPTIONS

- a) Clubs must apply through the Calisthenics Victoria office for exemptions that include:
  - i) Performers to compete outside their age group
  - ii) Disability letters for adjudicators
  - iii) Less than minimum number penalty exemption

- b) Requests must be accompanied by supporting documentation (eg Medical Practitioner advice etc)
- c) Requests for exemptions and disability letters must be received by 1<sup>st</sup> May 2022 unless special circumstances apply.
- d) Once approved, disability letters must be provided to competition convenors at check-in

## 2.5 PREGNANCY

- a) If a performer would like to compete whilst pregnant, they must obtain a clearance from their obstetrician on a monthly basis. Clearance should be supplied to the competition convenor upon check in.

## 2.6 COMPETITION ARRIVAL/DEPARTURE

- a) Teams must adhere to the competition arrival and departure information distributed with competition schedules.

## 2.7 PROPERTY DAMAGE

- a) Clubs/club members are responsible for any damage to venues (e.g. lipstick, leg tan on walls/floors; applying leg tan in toilet areas; damage caused by props, etc., including damage to the cyclorama).

*Sanction - \$100.00 fine plus cost of repairs*

- b) Dressing rooms must be left clean and tidy and without unreasonable rubbish left in room.

*Sanction - \$50.00 fine.*

## 2.8 RISK MANAGEMENT AND OH&S

- a) Clubs must supply Calisthenics Victoria with the following details prior to competitions:
  - i) Competitor List
  - ii) Section Coaches, Assistants and helpers
  - iii) WWC/VIT numbers for dressers/backstage volunteers
- b) Club administrators/coaches must not knowingly allow a competitor with an infectious disease to be present/competing at a competition.
- c) In the event of an onstage injury, coaches/parents are responsible for stopping the item and removing the injured competitor. If this is not done, the Stage Manager will then assume responsibility.
- d) Competitors appearing with existing injury or illness, do so at their own risk. Calisthenics Victoria personal accident insurance does not cover pre-existing injury or illness.
- e) Anyone handling or assembling stage dressing backstage must be 18 years of age.
- f) Stage dressing must not be placed on stage or removed in a blackout.

## 2.9 MALES IN DRESSING ROOMS

- a) Calisthenics Victoria Policy only permits fathers/male guardians in dressing areas, as dressers, at all Tinies and Sub Junior age Competitions, provided that the organisers are advised on arrival and other competitors sharing the dressing room are agreeable.
- b) Males other than those in the above point are not permitted in female dressing rooms.

## 2.10 MINIMAL RULES

- a) The following sections follow ACF Minimal Rules in Victoria:
- Champ Reserve Seniors
- All other sections and divisions are Standard Rules

## 2.11 LIGHTING *(Victorian Flexible Rule)*

- a) Lighting in Core Items (March, Clubs, Free Exercises & Rods), is not permitted except for those divisions/sections with minimal rules.
- b) Intermediate Championship Reserve section is allowed lighting and DLP in Core Items. All other rules remain as per standard rules

## 2.12 MID CURTAIN

- a) Where the distance is less than 1.5 metres from cyc to back curtain at any venue, the mid curtain may be used for a reveal.
- b) Performers to be placed as close to back curtain as practical.

## 2.13 FRONT CURTAIN – AESTHETICS/RHYTH. AESTH. *(Victorian Flexible Rule)*

- a) If the item commences in a blackout, coaches are not permitted on stage during the set-up to check the placement of the competitors
- b) For safety reasons, the front curtain may be closed whilst competitors find spots on the stage. Once ready the stage may go to blackout and the curtain lifted. Coaches are not permitted on stage during set-up

## 2.14 RECOGNITION OF SECOND/SUBSEQUENT TEAMS

- a) Second and subsequent teams will be adjudicated separately provided there are at least 3 subsequent teams competing in the item.
- b) The number of placings announced in second division will be at the discretion of the Adjudicator
- c) No prize money will be paid for second division.

## 2.15 RESULTS

- a) Results will be announced after every second item unless more time is required for smaller sections
- b) Panel sections – results to be announced following the break after every second item.

## 2.16 AGGREGATE *(Victorian Flexible Rule)*

- a) To be eligible for the aggregate and reserve trophies at the Victorian State Championships a team must compete in all items programmed.
- b) Points for Aggregate Trophies will be assigned as follows:

1st	2nd	3rd	4th	5th
6 pts	4 pts	2 pts	1 pts	.5 pt



## 2.17 RIGHT OF REVIEW

- a) A Right of Review is only available when all items have been recorded. These may be referred to regardless of whether or not all Coaches/Clubs have requested their items to be recorded (Refer to ACF Rule 1.6 Right of Review.)
- b) If DVD/video facilities are available to be used for the “Right of Review”, the nominated Competition Official appointed to oversee the process must sign the Confidentiality Agreement in the ACF Rules.

## 2.18 TIME LIMITS

	CORE ITEMS	FANCY ITEMS
<b>Tinies</b>	1½ - 2½ minutes	2 – 3 minutes
<b>Sub Juniors</b>	1½ - 2½ minutes	2 – 3 minutes
<b>Juniors</b>	2 – 3 minutes	2 ½ - 3 ½ minutes
<b>Inters</b>	All items 2 ½ - 3 ½ minutes	
<b>Seniors</b>	All items 2 ½ - 3 ½ minutes	
<b>Masters</b>	2 ½ - 3 ½ minutes	
<b>Minimal Rules</b>	Times in accordance with each section above. (Note: No twenty second rule applicable)	

# SECTION 3: SUITE OF ITEMS 2022

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<b>Tinies</b>	<b>Sub Juniors</b>	<b>Juniors</b>
Free Exercises	March	March
Rods	Club Swinging	Club Swinging
Character Dance	Free Exercises	Free Exercises
Song with Actions/Movement	Rods	Rods
	Aesthetics	Aesthetics
	Song & Dance	Calisthenic Revue
<b>Intermediates</b>	<b>Seniors</b>	<b>Masters</b>
March	March	March
Club Swinging	Club Swinging	Club Swinging
Free Exercises	Free Exercises	Free Exercises
Rods	Rods	Rods
Rhythmical Aesthetics	Rhythmical Aesthetics	Aesthetics
Dance Arrangement	Dance Arrangement	Calisthenic Revue